

## Health Seminar on Alternative Smoking Products

Say NO to E-cigarettes and Heat-not-burn Tobacco Products
• Introduction to alternative smoking products
• The hazardous effects of alternative smoking product use
• The marketing tactics of tobacco companies used to attract
youngsters
• The misleading claims of tobacco companies on alternative
smoking products
• Use of convention cigarettes and alternative smoking products
in Hong Kong and over the world
• How students can reject smoking and vaping
• How students can support the tobacco control work in Hong
Kong
Around 45 minutes
At school
Healthcare professionals or COSH's designated staff
English
Free of charge
From 6 September 2019 to 30 June 2020
(for school year 2019-2020)
Fill in the application form and return to COSH at least 4 weeks
prior to the proposed date of health seminar
• An information sheet on the alternative smoking products will
be provided for the use on the seminar day. Materials will be
delivered to school around 1 week prior to the seminar.
• A Q&A session is included and souvenirs will be given.